REFERENCES & CITATIONS

- 1. Timothy Pychyl, "Teenagers, Identity Crisis & Procrastination: On the Benefits of Knowing Who You Are", *Psychology Today*, April 2008. https://www.psychologytoday.com/us/blog/dont-delay/200804/teenagers-identity-crises-procrastination (accessed March 2019).
- 2. Susan Merrill, "How Adolescents Search for Identity", *iMOM*, 2019. https://www.imom.com/how-adolescents-search-for-identity/#.XIbWRsgKjOQ (accessed March 2019).
- 3. Stage of Life, "Did You Know: High School Facts and Figures", 2008-2018. https://www.stageoflife.com/StageHighSchool/OtherResources/Statistics_on_High_School_Students_and_Teenagers.aspx (accessed March 2019).
- 4. Chandra Johnson, "Growing Up Digital: How The Internet Affects Teen Identity", *Desert News Family*, May 2014. https://www.deseretnews.com/article/865603981/Growing-up-digital-How-the-Internet-affects-teen-identity.html (accessed April 2019).
- 5. Mary Madden, et al., "Teens, Social Media, and Privacy", *Pew Research Center*, May 2013. https://www.pewinternet.org/2013/05/21/teens-social-media-and-privacy/ (accessed April 2019).
- 6. Regents of the University of Minnesota, "Teen Identity: Figuring Out Who You Are", 2019. https://extension.umn.edu/teen-development/teen-identity-figuring-out-who-you-are (accessed April 2019).
- 7. Anthony O'Neal, "Personal Development: Helping Your Teen Find Their Identity", 2019. https://www.anthonyoneal.com/personal-development/helping-your-teen-find-their-identity/(accessed April 2019).
- 8. Solstice RTC, "Self Identity in Teens: Social Media Is Getting in the Way", 2019. https://solsticertc.com/self-identity-in-teens-social-media/ (accessed April 2019).
- 9. Kidsdata, "Youth Suicide Rate", 2019. <a href="https://www.kidsdata.org/topic/213/youthsuicide-rate/trend?gclid=CjoKCQjwjpjkBRDRARIsAKv-001RUS318VdIvElimhgJ35adB8xD4YDvN7yzOgSmkRjRFw8Fwx1kQyUaAsAAEALw_wcB#fmt=2311&loc=1&tf=48,93 (accessed March 2019).
- 10. Jean Twenge, "Have Smartphones Destroyed a Generation?", *The Atlantic*, September 2017. https://www.theatlantic.com/magazine/archive/2017/09/has-the-smartphone-destroyed-a-generation/534198/ (accessed March 2019).
- 11. Stefanie Marsh, "Teenagers on Loneliness: We Want to Talk to Our Parents. We Need Their Guidance", *The Guardian*, April 2017. https://www.theguardian.com/society/2017/apr/08/teenagers-loneliness-social-media-isolation-parents-attention (accessed March 2019).

- 12. Bankmycell, "Smartphone Addiction Facts & Phone Usage Statistics", 2019. https://www.bankmycell.com/blog/smartphone-addiction/ (accessed March 2019).
- 13. Jacqueline Howard, "A 'Wake-up Call' About What's Killing America's Young People", *CNN News*, June 2018. https://edition.cnn.com/2018/06/01/health/youth-injury-death-rate-cdc-study/index.html (accessed April 2019).
- 14. Fiza Pirani, "What's Killing America's Teens? Inside CDC's New Mortality Report", The Atlanta Journal-Constitution, June 2018. https://www.ajc.com/news/national/what-killing-america-teens-inside-cdc-new-mortality-report/OeNlRXFCJqxZz5H7LsL5zJ/ (accessed April 2019).
- 15. The Refuge, "Self-Injury: Statistics, Causes, Signs, & Symptoms", 2019. https://www.therefuge-ahealingplace.com/co-occurring/self-injury/effects-symptoms-signs/ (accessed March 2019).
- 16. Samantha Gluck, "Self Injury, Self Harm Statistics and Facts", *Healthy Place for Your Mental Health*, August 2016. https://www.healthyplace.com/abuse/self-injury/self-injury-self-harm-statistics-and-facts (accessed March 2019).
- 17. Mental Health America, "Self-Injury (Cutting, Self-Harm, or Self-Mutilation)", 2019. http://www.mentalhealthamerica.net/self-injury (accessed March 2019).
- 18. Crisis Text Line, "Self-Harm and Self-Injury: Everything From Statistics to Alternatives to How to Help", August 2018. https://www.crisistextline.org/fast-facts/self-harm (accessed March 2019).
- 19. Anxiety and Depression Association of America, "Children and Teens", 2010-2018. https://adaa.org/living-with-anxiety/children (accessed April 2019).
- 20. Anxiety and Depression Association of America, "Facts & Statistics", 2019. https://adaa.org/about-adaa/press-room/facts-statistics (accessed April 2019).
- 21. Child Mind Institute, "Anxiety and Depression in Adolescents", 2019. https://childmind.org/report/2017-childrens-mental-health-report/anxiety-depression-adolescence/ (accessed April 2019).
- 22. Child Mind Institute, "Understanding Anxiety in Children and Teens", 2019. https://childmind.org/our-impact/childrens-mental-health-report/2018report/ (accessed April 2019).
- 23. Evolve Treatment Centers, "Social Anxiety Disorder in Adolescents", 2019. https://evolvetreatment.com/for-parents/parent-guides/social-anxiety-disorder/ (accessed April 2019).
- 24. Center for Disease Control and Prevention, "Anxiety and Depression in Children", March 2019. https://www.cdc.gov/childrensmentalhealth/depression.html (accessed April 2019).
- 25. National Institute of Mental Health, "Any Anxiety Disorder", November 2017. https://www.nimh.nih.gov/health/statistics/any-anxiety-disorder.shtml (accessed April 2019).
- 26. Wolters Kluwer Health, "More Than 1 in 20 US Children and Teens Have Anxiety or Depression", Science Daily, April 2018. https://www.sciencedaily.com/releases/2018/04/180424184119.htm (accessed April 2019).

- 27. Amy Ellis Nutt, "Why Kids and Teens May Face Far More Anxiety These Days", *The Washington Post*, May 2018. https://www.washingtonpost.com/news/to-your-health/wp/2018/05/10/why-kids-and-teens-may-face-far-more-anxiety-these-days/?noredirect=on&utm_term=.bodc65cb04cc (accessed April 2019).
- 28. Center For Discovery, "Why Today's Teens Are More Depressed Than Ever", November 2016. https://centerfordiscovery.com/blog/todays-teens-depressed-ever/ (accessed April 2019).
- 29. Anxiety and Depression Association of America, "Facts & Statistics", 2010-2018. https://adaa.org/about-adaa/press-room/facts-statistic (accessed March 2019).
- 30. National Institute of Mental Health, "Major Depression", February 2019. https://www.nimh.nih.gov/health/statistics/major-depression.shtml (accessed March 2019).
- 31. Roxanne Dryden-Edwards, "Teen Depression", MedicineNet, 2019. https://www.medicinenet.com/teen_depression/article.htm#what_is_teen_depression (accessed April 2019).
- 32. Newport Academy, "New Study Shows Teenage Depression Rates Rising", May 2018. https://www.newportacademy.com/resources/mental-health/teen-depression-study/(accessed April 2019).
- 33. Helpguide.org, "Teen Depression", / Need A Lighthouse, 2008. https://www.ineedalighthouse.org/depression-suicide/teen-depression/(accessed April 2019).
- 34. Heather Gallivan, "Teens, Social Media and Body Image", *Park Nicollet Melrose Center*, 2014. https://www.macmh.org/wp-content/uploads/2014/05/18_Gallivan_Teens-social-media-body-image-presentation-H-Gallivan-Spring-2014.pdf (accessed March 2019).
- 35. Heart of Leadership, "Statistics on Girls & Women's Self Esteem, Pressures & Leadership: Pressure and Perfectionism", 2013. https://heartofleadership.org/statistics/ (accessed March 2019).
- 36. NEDA Feeding Hope, "Statistics and Research on Eating Disorders", 2018. https://www.nationaleatingdisorders.org/statistics-research-eating-disorders (accessed March 2019).
- 37. Do Something, "11 Facts About Body Image", 2014. https://www.dosomething.org/us/facts/11-facts-about-body-image#fn2 (accessed March 2019).
- 38. Tabitha Farrar, "Eating Disorder Information", *Mirror Mirror Eating Disorder Help*, 2014. https://www.mirror-mirror.org/ed.htm (accessed March 2019).
- 39. Mercy Multiplied, "Eating Disorders", 2019. https://mercymultiplied.com/eating-disorder/?gclid=CjoKCQjwjpjkBRDRARIsAKv-003gJdZ20EudQgUULp5VTQxdrt-Kymn_oFe6AtWvmCYxqHyS-oJ3_XsaAhUzEALw_wcB (accessed March 2019).
- 40. Anya Zhukova, "7 Negative Effects of Social Media on People and Users", October 2018. https://www.makeuseof.com/tag/negative-effects-social-media/ (accessed March 2019).
- 41. Jessica Brown, "Is Social Media Bad for You? The Evidence and the Unknowns", *BBC News*, January 2018. http://www.bbc.com/future/story/20180104-is-social-media-bad-for-you-the-evidence-and-the-unknowns (accessed March 2019).

- 42. DO Something, "11 Facts about Teen Dating and Violence", 2014. https://www.dosomething.org/us/facts/11-facts-about-teen-dating-violence (accessed April 2019).
- 43. Love is Respect, "Dating Abuse Statistics", 2017. https://www.loveisrespect.org/resources/dating-violence-statistics/ (accessed April 2019).
- 44. Rainn, "Children and Teens Statistics: Child Sexual Abuse is a Widespread Problem", 2019. https://www.rainn.org/statistics/children-and-teens (accessed April 2019).
- 45. Barbara Poncelet, "Statistics on Teen Dating Violence", *Very Well Family*, January 2018. https://www.verywellfamily.com/teen-domestic-violence-statistics-3200913 (accessed April 2019).
- 46. American SPCC, "Child Maltreatment Statistics in the US", 2018. https://americanspcc.org/child-abuse-statistics/ (accessed April 2019).
- 47. Break the Cycle, "Learn About Dating Abuse: What is Dating Abuse?", 2014. http://www.breakthecycle.org/learn-about-dating-abuse?gclid=EAlalQobChMlie6Tobm84QIVB77ACh27cQ8tEAAYAiAAEgJhsfD_BwE (accessed April 2019).
- 48. Child Help, "Child Abuse Statistics & Facts", 2019. https://www.childhelp.org/child-abuse-statistics/ (accessed April 2019).
- 49. The National Domestic Violence Hotline, "Get the Facts & Figures", 2019. https://www.thehotline.org/resources/statistics/ (accessed April 2019).
- 50. National Center for Victims of Crime, "Child Sexual Abuse Statistics", 2011. http://victimsofcrime.org/media/reporting-on-child-sexual-abuse/child-sexual-abuse-statistics (accessed April 2019).
- 51. The Content Factory, "21 Completely Insane Social Media Statistics", 2019. https://www.contentfac.com/more-people-own-cell-phone-than-toothbrush-10-crazy-social-media-statistics/ (accessed March 2019).
- 52. John Douillard, "Cell Phone Addiction in Teens in Real: Scary Statistics & Some Helpful Advice", *Elephant Journal*, August 2017. https://www.elephantjournal.com/2017/08/cell-phone-addiction-in-teens-is-real-scary-statistics-some-helpful-advice/ (accessed March 2019).
- 53. Mobile Coach, "8 Surprising Cell Phone Statistics", 2019. https://mobilecoach.com/8-surprising-cell-phone-statistics/ (accessed March 2019).
- 54. Tricia Hussung, "Cell Phone Addiction: The Statistics of Gadget Dependency", *King University*, July 2017. https://online.king.edu/news/cell-phone-addiction/ (accessed March 2019).
- 55. Sandee LaMotte, "Smartphone Addiction Could Be Changing Your Brain", *CNN News*, December 2017. https://www.cnn.com/2017/11/30/health/smartphone-addiction-study/index.html (accessed March 2019).

- 56. Kit Smith, "123 Amazing Social Media Statistics and Facts", *Brandwatch*, March 2019. https://www.brandwatch.com/blog/amazing-social-media-statistics-and-facts/ (accessed March 2019).
- 57. Aaron Smith & Monica Anderson, "Social Media Use in 2018", *Pew Research Center*, March 2018. https://www.pewinternet.org/2018/03/01/social-media-use-in-2018/ (accessed March 2019).
- 58. Jayne O'Donnell & Shari Rudavsky, "Young Americans Are the Loneliest, Surprising Study from Cigna Shows", *USA Today*, September 2018. https://www.usatoday.com/story/news/politics/2018/05/01/loneliness-poor-health-reported-far-more-among-young-people-than-even-those-over-72/559961002/ (accessed March 2019).
- 59. Your Teen Magazine, "Alone in the Crowd: Understanding Loneliness in Teens", 2019. https://yourteenmag.com/health/teenager-mental-health/dealing-with-loneliness (accessed March 2019).
- 60. Alice Walton, "6 Ways Social Media Affects Our Mental Health", *Forbes*, June 2017. https://www.forbes.com/sites/alicegwalton/2017/06/30/a-run-down-of-social-medias-effects-on-our-mental-health/#5fb1fce22e5a (accessed March 2019).
- 61. BP Magazine, "The Negative Effect on Teens from Heavy Social Media Use", October 2018. https://www.bphope.com/kids-children-teens/teens-negative-effects-social-media/ (accessed March 2019).
- 62. Sabrina Barr, "Six Ways Social Media Negatively Affects Your Mental Health", *Independent News*, January 2019. https://www.independent.co.uk/life-style/health-and-families/social-media-mental-health-negative-effects-depression-anxiety-addiction-memory-a8307196.html (accessed March 2019).
- 63. Kim P., "Study: LGBT Statistics", *Creditdonkey*, February 2018. https://www.creditdonkey.com/lgbt-statistics.html (accessed April 2019).
- 64. Lesbian & Gay Community Services Center, "What is LGBTQ?", *The Center*, 2019. https://gaycenter.org/about/lgbtq/#lesbian (accessed April 2019).
- 65. The Human Rights Campaign, "Glossary of Terms", 2019.

 https://www.hrc.org/resources/glossary-ofterms?utm_source=GS&utm_medium=AD&utm_campaign=BPI-HRCGrant&utm_content=276004739496&utm_term=lgbtq%20meaning&gclid=EAlalQobChMI1JfcgMes4
 QIVSVcNCh3fCwegEAAYASAAEgJiLvD_BwE (accessed April 2019).
- 66. National Geographic, "Gender Revolution Guide", January 2017. https://www.nationalgeographic.com/pdf/gender-revolution-guide.pdf (accessed March 2019).
- 67. Human Rights Campaign, "Growing up in LGBT America: Home School Community", 2019. <a href="https://assetsz.hrc.org/files/assets/resources/Growing-Up-LGBT-in-America_Report.pdf?_ga=2.59103466.63160615.1554041313-20707163.1554041313&_gac=1.3942148.1554041314.EAlalQobChMI1JfcgMes4QIVSVcNCh3fCwe9EAAYASAAEgJiLvD_BwE (accessed April 2019).
- 68. Human Rights Campaign, "Growing up LGBT in America", 2019. https://www.hrc.org/youth-report/about-the-survey (accessed April 2019).

- 69. Human Rights Campaign, "2018 LGBTQ Youth Report", 2019. https://www.hrc.org/resources/2018-lgbtq-youth-report (accessed April 2019).
- 70. National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention, "Lesbian, Gay, Bisexual, and Transgender Health: LGBT Youth", *CDC*, June 2017. https://www.cdc.gov/lgbthealth/youth.htm (accessed April 2019).
- 71. Pew Research Center, "A Survey of LGBT Americans", June 2013. https://www.pewsocialtrends.org/2013/06/13/a-survey-of-lgbt-americans/ (accessed April 2019).
- 72. American SPCC, "Bullying Definition, Statistics & Risk Factors", 2018. https://americanspcc.org/our-voice/bullying/statistics-and-information/ (accessed April 2019).
- 73. https://enough.org/stats-impact-on-the-brain (accessed April 2019).
- 74. https://enough.org/stats_social_media (accessed April 2019).
- 75. https://enough.org/stats-youth-and-porn (accessed April 2019).
- 76. Luke Gibbons, "15 Mind-Blowing Statistics about Pornography and the Church", *Conquerseries*, 2019. https://conquerseries.com/15-mind-blowing-statistics-about-pornography-and-the-church/ (accessed April 2019).
- 77. Fight the New Drug, "20 Mind-Blowing Stats about The Porn Industry and its Underage Consumers", January 2019. https://fightthenewdrug.org/10-porn-stats-that-will-blow-your-mind/ (accessed April 2019).
- 78. Webroot Inc., "Internet Pornography by the Numbers; A Significant Threat to Society", 2004-2019. https://www.webroot.com/us/en/resources/tips-articles/internet-pornography-by-the-numbers (accessed April 2019).
- 79. Tim Challies, "10 Ugly Numbers Describing Pornography Use in 2017", April 2017. https://www.challies.com/articles/10-ugly-and-updated-numbers-about-pornography-use/(accessed April 2019).
- 80. Matt Fradd, "10 Shocking Stats about Teens and Pornography", *Covenant Eyes*, April 2015. https://www.covenanteyes.com/2015/04/10/10-shocking-stats-about-teens-and-pornography/ (accessed April 2019).
- 81. Watch Tower Bible and Tract Society of Pennsylvania, "What Does the Bible Say about Pornography?" Is Cybersex Wrong?", *Jehovah's Witness*, 2019. https://www.jw.org/en/bible-teachings/questions/what-does-the-bible-say-about-pornography/ (accessed April 2019).
- 82. Alan Mozes, "Study Tracks Masturbation Trends Among U.S. Teens", *Health Day: News For Healthier Livin*g, August 2011. https://consumer.healthday.com/women-s-health-information-34/abortion-news-2/study-tracks-masturbation-trends-among-u-s-teens-655445.html (accessed April 2019).

- 83. Bonnie Rochman, "The Results Are In: First National Study of Teen Masturbation", *Time Magazine*, August 2011. http://healthland.time.com/2011/08/11/boys-masturbate-more-than-girls-seriously/ (accessed April 2019).
- 84. Sara Laule, "Masturbation and Young Children", *Mott Children*, July 2017. https://www.mottchildren.org/posts/your-child/masturbation-and-young-children (accessed April 2019).
- 85. Florida Department of Education, "State Statutes: Health Education", 2019. http://www.fldoe.org/schools/healthy-schools/sexual-edu/policies.stml (accessed April 2019).
- 86. https://www.pcsb.org/Page/10034 (accessed April 2019).
- 87. Hillsborough County Public Schools, "Policy Manual", April 2014. https://www.sdhc.k12.fl.us/policymanual/detail/90 (accessed April 2019).
- 88. Stage of Life, "Bullies: How Teens Feel About Real World Issues", 2008-2018. https://www.stageoflife.com/TeensandBullies.aspx (accessed March 2019).
- 89. Stop Bullying Now Foundation, "Welcome to the Stop Bullying Now Foundation", 2019. http://stopbullyingnowfoundation.org/main/ (accessed April 2019).
- 90. Stop Bullying.Org, "Facts about Bullying", September 2017. https://www.stopbullying.gov/media/facts/index.html (accessed April 2019).
- 91. PACER Center, "Bullying Statistics", December 2017. https://www.pacer.org/bullying/resources/stats.asp (accessed April 2019).
- 92. Stomp Out Bullying, "The Issues of Bullying: Bullying is a problem that affects millions of students of all races and classes. 1 out of 4 kids is bullied and depending on their ages up to 43% of students have been bullied while online", 2005-2019. https://www.stompoutbullying.org/get-help/about-bullying-and-cyberbullying/issue-bullying (accessed April 2019).
- 93. Becton Loveless, "Bullying Epidemic: Facts, Statistics and Prevention", Education Corner, 2019. https://www.educationcorner.com/bullying-facts-statistics-and-prevention.html (accessed April 2019).
- 94. Blake Recovery Center, "The Good, the Bad, and In-between of Social Media", 2019. https://carrierclinic.org/resources/good-bad-in-between-of-social-media/ (accessed March 2019).
- 95. https://enough.org/stats_cyberbullying (accessed April 2019).
- 96. The Foundation for Art & Healing, "Fact Sheet: Loneliness and Older Adults", 2019. https://artandhealing.org/older-adults-loneliness-fact-sheet/?gclid=EAlalQobChMI_ouKkOyi4QIVBNvACh28gAXWEAAYASAAEgL_6fD_BwE (accessed March 2019).
- 97. Newport Academy, "How to Recognize Loneliness in Teenagers", January 2019. https://www.newportacademy.com/resources/mental-health/loneliness-in-teenagers/ (accessed March 2019).

- 98. Susan Coughlan, "Loneliness More Likely to Affect Young People", *BBC News*, April 2018. https://www.bbc.com/news/education-43711606 (accessed March 2019).
- 99. Jessica Brown, "Is Social Media Bad for You? The Evidence and the Unknowns", *BBC News*, January 2018. http://www.bbc.com/future/story/20180104-is-social-media-bad-for-you-the-evidence-and-the-unknowns (accessed March 2019).
- 100. Victoria Massie, "Today's Teens Are More Skeptical That Racism Will Go Away Than Teens in 1966", *Vox Media*, May 2016. https://www.vox.com/2016/5/15/11673808/teens-racism-newsweek (accessed April 2019).
- 101. Amal Ahmed, "Teens Who Experience Racism Are Way More Likely to Smoke", *Popular Science*, January 2018, https://www.popsci.com/teen-smoking-racism (accessed April 2019).
- 102. Urban Institute, "Structural Racism in America", 2019. https://www.urban.org/features/structural-racism-america (accessed April 2019).
- 103. Abigail Jones, "What Do American Teens Want? Less Racism", *Newsweek*, May 2016. https://www.newsweek.com/2016/05/27/american-teenagers-race-458942.html (accessed April 2019).
- 104. Ben Panko, "Racism Harms Children's Health, Survey Finds", *Smithsonian*, May 2017. https://www.smithsonianmag.com/science-nature/racism-harms-childrens-health-180963167/ (accessed April 2019).
- 105. The City University of New York, "Racial and Gender Discrimination Among Teens Exposed To Dating Violence", *Science X Network*, August 2018. https://phys.org/news/2018-08-racial-gender-discrimination-teens-exposed.html (accessed April 2019).
- 106. American Psychological Association, "American Psychological Association Survey Shows Teen Stress Rivals That of Adults", February 2014. https://www.apa.org/news/press/releases/2014/02/teen-stress (accessed April 2019).
- 107. After School, "45% of Teens Say They're Stressed "All the Time," Turn to Online Resources and Apps for Help Says Poll on Stress and Mental Health", *Globenewswire*, February 2018. https://www.globenewswire.com/news-release/2018/02/21/1372739/0/en/45-of-Teens-Say-They-re-Stressed-All-the-Time-Turn-to-Online-Resources-and-Apps-for-Help-Says-Poll-on-Stress-and-Mental-Health.html (accessed April 2019).
- 108. Kathleen Smith, "6 Common Triggers of Teen Stress: All Teens Experience Some Amount of Stress, But Many Teens Suffer with Significant Stress Levels That Rival That of Adults. Consider if These Potential Triggers of Teen Stress Are Affecting Your Teen", *Vertical Health LLC*, November 2018. https://www.psycom.net/common-triggers-teen-stress/ (accessed April 2019).
- 109. Julie Mazziotta, "Teen Stress Is on the Rise: Why It's a Major Problem, and How You Can Help", *People Health*, May 2018. https://people.com/health/teen-stress-rising-what-to-do/ (accessed April 2019).
- 110. Sharon Jayson, "Teens Feeling Stressed, and Many Not Managing It Well: Experts Worry That Bad Habits For Dealing with Stress Learned Early Will Carry Over Into Adulthood", *USA Today*, February 2014. https://www.usatoday.com/story/news/nation/2014/02/11/stress-teens-psychological/5266739/ (accessed April 2019).

- 111. Center For Disease Control and Prevention, "Facts Sheet- Underage Drinking", August 2018. https://www.cdc.gov/alcohol/fact-sheets/underage-drinking.htm (accessed April 2019).
- 112. The Recovery Village, "How Many Teens Are Drinking", 2016. https://www.therecoveryvillage.com/teen-addiction/teen-drinking-stats/#gref (accessed April 2019).
- 113. Foundation for Advancing Alcohol Responsibility, "Underage Drinking Statistics", 2018. https://www.responsibility.org/alcohol-statistics/underage-drinking-statistics (accessed April 2019).
- 114. National Institute on Alcohol Abuse and Alcoholism, "Underage Drinking", February 2017. https://pubs.niaaa.nih.gov/publications/UnderageDrinking/UnderageFact.htm (accessed April 2019).
- 115. Alcohol.org, "Underage Drinking Statistics Within The U.S.", December 2011. https://www.alcohol.org/teens/underage-drinking-stats/ (accessed April 2019).
- 116. Do Something, "11 Facts About Teens and Alcohol", 2014. https://www.dosomething.org/us/facts/11-facts-about-teens-and-alcohol (accessed April 2019).
- 117. American Academy of Child & Adolescent Psychiatry, "Alcohol Use in Families", December 2011. https://www.aacap.org/AACAP/families_and_Youth/Facts_for_Families/FFF-Guide/Children-Of-Alcoholics-017.aspx (accessed April 2019).
- 118. Amy Morin, "The Truth About Troubled Teens", *Very Well Mind*, October 2018. https://www.verywellmind.com/what-is-happening-to-our-children-2606269 (accessed April 2019).
- 119. American Psychological Association, "Schoolyard Blues: Impact of Gossip and Bullying", March 2006. https://www.apa.org/research/action/blues (accessed April 2019).
- 120. Anti-Defamation League, "The Power of Gossip", January 2015. https://www.adl.org/education/resources/tools-and-strategies/classroom-conversations/the-power-of-gossip (accessed April 2019).
- 121. Sherri Gordon, "Understanding the Impact of Rumors and Gossip", *Very Well Family*, December 2018. https://www.verywellfamily.com/understanding-the-impact-of-rumors-and-gossip-460625 (accessed April 2019).
- 122. D'Arcy Lyness, "Gossip", *Kids Health: The Nemours Foundation*, January 2014. https://kidshealth.org/en/kids/gossip.html (accessed April 2019).
- 123. C.O. Ryan, "How Gossip Affects Teens", *Leaf Group Ltd*, September 2017. https://howtoadult.com/gossip-affects-teens-8112.html (accessed April 2019).
- 124. Deborah Kotz, "Nearly 1 in 12 Teens Has Anger Disorder, Harvard Study Finds", *Boston Globe Media Partners*, July 2012. https://www.boston.com/uncategorized/noprimarytagmatch/2012/07/03/nearly-1-in-12-teens-has-anger-disorder-harvard-study-finds (accessed April 2019).

- 125. Janice Wood, "Anger Problems Prevalent Among US Teens", *Psych Central*, August 2018. https://psychcentral.com/news/2012/07/04/anger-problems-prevalent-among-us-teens/41112.html (accessed April 2019).
- 126. Raychelle Lohmann, "Teen Anger Statistics", Prezi Inc, July 2013. https://prezi.com/pakmtqcr18bc/teen-anger-statistics/ (accessed April 2019).
- 127. Caron Treatment Centers, "The Nature and Prevalence of Teen Drug Abuse", 2019. <a href="https://www.caron.org/understanding-addiction/teen-drug-addiction?gclid=EAlalQobChMlv5_e9MC_4QIVrR6tBh1jZAzPEAAYAiAAEgKoGvD_BwE&gclid=EAlalQobChMlv5_e9MC_4QIVrR6tBh1jZAzPEAAYAiAAEgKoGvD_BwE (accessed April 2019).
- 128. Drug Abuse.com, "Are Drugs Taking Control of Your Life or of The Life of a Loved One?", 2019. www.DrugAbuse.com (accessed April 2019).
- 129. Sam Blanchard, "Smoking Weed Just Once Could Change a Teenager's Brain: Scientists Discover Even Small Amounts of Cannabis Are Enough to Thicken Tissue", *Daily Mail*, January 2019. https://mol.im/a/6590927 (accessed March 2019).
- 130. The Recovery Village, "Teens Are Using Drugs in High School", 2019. https://www.therecoveryvillage.com/teen-addiction/high-school-drug-use/#gref (accessed April 2019).
- 131. Project Know, "Teen Drug and Alcohol Statistics and Information", 2019. https://www.projectknow.com/teen/abuse-statistics/ (accessed April 2019).
- 132. National Institute on Drug Abuse, "Monitoring the Future Survey: High School and Youth Trends", December 2018. https://www.drugabuse.gov/publications/drugfacts/monitoring-future-survey-high-school-youth-trends (accessed April 2019).
- 133. Do Something, "11 Facts About Teens and Drug Use", 2014. https://www.dosomething.org/us/facts/11-facts-about-teens-and-drug-use#fn8 (accessed April 2019).
- 134. Newport Academy, "10 Facts About Teenage Drug Use", August 2017. https://www.newportacademy.com/resources/substance-abuse/10-facts-teen-drug-abuse/ (accessed April 2019).
- 135. Ashwood Recovery, "Teen Substance Abuse Statistics Coming In 2018", 2017. https://www.ashwoodrecovery.com/blog/teen-substance-abuse-statistics-coming-2018/ (accessed April 2019).
- 136. Foundation for a Drug Free World, "The Truth About Vaping: Vaping is a Popular Alternative To Smoking, But This Doesn't Make It Any Less Dangerous", 2006-2019. https://www.drugfreeworld.org/newsletter/volume3/issue4/the-truth-about-vaping.html (accessed April 2019).
- 137. Michael Joseph Blaha, "5 Truths You Need To Know About Vaping", *Johns Hopkins Medicine*, 2019. https://www.hopkinsmedicine.org/health/wellness-and-prevention/5-truths-you-need-to-know-about-vaping (accessed April 2019).

- 138. NCBI, "Vaping Weakens Your Immune System", *The Truth*, 2019. https://www.thetruth.com/the-facts/fact-401 (accessed April 2019).
- 139. https://usmc-mccs.org/articles/vape-myth-busting/ (accessed April 2019).
- 140. Elise Herman, "The Truth About Vaping", *Kittitas Valley Healthcare*, September 2018. https://www.kvhealthcare.org/news/Post/The-truth-about-vaping/ (accessed April 2019).
- 141. National Jewish Health, "The Scary Truth About Teen Vaping", 2019. https://www.nationaljewish.org/health-insights/health-infographics/the-scary-truth-about-teen-vaping (accessed April 2019).
- 142. Spirit & Truth Fellowship International, "Truth or Tradition: What Does the Bible Say About Drugs and Drinking Alcohol?", 2016. https://www.truthortradition.com/articles/what-does-the-bible-say-about-drugs-and-drinking-alcohol (accessed April 2019).
- Mark Stibich, "Top 10 Causes of Death For Americans Ages 15 to 24", Very Well Health, April 2019. https://www.verywellhealth.com/top-causes-of-death-for-ages-15-24-2223960 (accessed April 2019).
- 144. Lynnette Lounsbury, "Young People Are Dying to Talk About Death", *The Guardian*, 2019. https://www.theguardian.com/commentisfree/2014/jun/08/young-people-are-dying-to-talk-about-death (accessed April 2019).
- 145. Patti Faughn, "Talking With Teens About Death", *University of Illinois*, 2019. http://extension.illinois.edu/grandparents/article.cfm?ID=5177&IssueID=5215 (accessed April 2019).
- 146. Dann Brennan, "How Do Teenagers Understand Death?", *WebMD*, January 2018. https://www.webmd.com/palliative-care/qa/how-do-teenagers-understand-death (accessed April 2019).
- 147. Newport Academy, "Why Failure is Healthy For Teens", July 2017. https://www.newportacademy.com/resources/empowering-teens/why-failure-is-healthy-for-teens/ (accessed April 2019).
- 148. Chris, "Letting Teenagers Fail- Why it Matters", *Understanding Teenagers*, October 2012. https://understandingteenagers.com.au/letting-teenagers-fail-why-it-matters/ (accessed April 2019).
- 149. Grown and Flown, "4 Ways to Help Your Teen Overcome Their Fear of Failure", 2019. https://grownandflown.com/teen-overcome-fear-failure/ (accessed April 2019).
- 150. Carl Pickhardt, "Adolescence and Failure: Lessons From Adolescent Failure Can Be Formative", *Psychology Today*, September 2011. https://www.psychologytoday.com/us/blog/surviving-your-childs-adolescence/20110g/adolescence-and-failure (accessed April 2019).
- 151. Carl Pickhardt, "Talking About Failure with Your Adolescent: It's Important That Parents Provide a Constructive Perspective About Failure", *Psychology Today*, February 2019. https://www.psychologytoday.com/us/blog/surviving-your-childs-adolescence/201902/talking-about-failure-your-adolescent (accessed April 2019).

- 152. Amy Morin, "How Your Teen Can Conquer the Fear of Failure", *Very Well Family*, April 2019. https://www.verywellfamily.com/ways-to-help-your-teen-conquer-the-fear-of-failure-2609555 (accessed April 2019).
- 153. Eliya Makabeh, "Overcoming the Fear of Failure", *Teen Line*, April 2017. https://teenlineonline.org/overcoming-fear-failure/ (accessed April 2019).
- 154. Biblword, "Why Does God Allow Suffering?", February 2015. https://www.biblword.net/why-does-god-allow-suffering/?gclid=EAlalQobChMlqJDz6c7F4QIVxiaGCh1hMAxSEAMYAiAAEgLLevD_BwE (accessed April 2019).
- 155. Jason Malec, "Why is There Pain and Suffering?", *Explore God*, 2019. https://www.exploregod.com/why-is-there-pain-and-suffering?gclid=EAlalQobChMl3MuLg8_F4QIVRVuGCh2FqwjcEAAYAiAAEgJKbvD_BwE (accessed April 2019).
- 156. Hershey Free Church, "Why is There Pain and Suffering in the World?", 2019. https://www.hersheyfree.com/2016/08/17/why-is-there-pain-and-suffering-in-the-world/(accessed April 2019).
- 157. Pat Robertson, "Why There is Suffering in the World", *The Christian Broadcasting Network*, 2019. http://www1.cbn.com/biblestudy/why-there-is-suffering-in-the-world (accessed April 2019).
- 158. Every Student's Choice, "Why is There Suffering in the World?", *The Life Team*, 2009. https://thelife.com/why-is-there-suffering-in-the-world (accessed April 2019).
- 159. Alex McFarland, "Pain and Suffering: Why Do They Exist?", *Billy Graham Evangelical Association*, June 2009. https://billygraham.org/story/pain-and-suffering-why-do-they-exist/ (accessed April 2019).
- 160. Robert Velarde, "How Can God Allow So Much Evil and Suffering?", Focus on the Family, 1997-2019. https://www.focusonthefamily.com/faith/becoming-a-christian/is-christ-the-only-way/how-can-god-allow-so-much-evil-and-suffering (accessed April 2019).
- 161. American Pain Society, "NIH Study Shows Prevalence of Chronic or Severe Pain in U.S. Adults", August 2015. http://americanpainsociety.org/about-us/press-room/nih-study-shows-prevalence-of-chronic-or-severe-pain-in-u-s-adults (accessed April 2019).
- 162. Pain Doctor, "Chronic Pain Statistics", 2013-2019. https://paindoctor.com/resources/chronic-pain-statistics/ (accessed April 2019).
- 163. Gavin Ortlund, "A Deeper Look at What the Bible Says about Pain and Suffering", *Explore God*, 2019. https://www.exploregod.com/what-the-bible-says-about-pain-and-suffering-paper (accessed April 2019).
- 164. Carl Pickhardt, "Adolescence and Forgiveness: By the End of Adolescence, Most Parents and Teenagers Have Needed Forgiveness", *Psychology Today*, December 2013. https://www.psychologytoday.com/us/blog/surviving-your-childs-adolescence/201312/adolescence-and-forgiveness (accessed April 2019).

- 165. Marjorie Eddington, "The Power of Forgiveness", *BibleWise*, 2019. https://www.biblewise.com/teens/relationships-identity/the-power-forgiveness.php (accessed April 2019).
- 166. Everette Worthington Jr., "The New Science of Forgiveness", *The Greater Good Science Center at the University of California*, September 2004. https://greatergood.berkeley.edu/article/item/the_new_science_of_forgiveness (accessed April 2019).
- 167. John Hopkins Medicine, "Forgiveness: Your Health Depends On It", 2019. https://www.hopkinsmedicine.org/health/wellness-and-prevention/forgiveness-your-health-depends-on-it (accessed April 2019).
- 168. Amanda Lenhart, et al., "Chapter 1: Basics of Teen Romantic Relationships", *Pew Research Center*, October 2015. https://www.pewinternet.org/2015/10/01/basics-of-teen-romantic-relationships/ (accessed April 2019).
- 169. Amber Sutton, "Teen Dating in the Digital Age: 10 Statistics On How Today's Teens Meet, Date, and Break-Up", *Alabama Media Group*, 2019. https://www.al.com/living/2016/01/teen_dating_in_the_digital_age.html (accessed April 2019).
- 170. Office of Adolescent Health, "Teenage Dating and Romantic Relationship Risks", May 2018. https://www.hhs.gov/ash/oah/adolescent-development/healthy-relationships/dating/teenage-dating/index.html (accessed April 2019).
- 171. Monica Anderson, "6 Facts About Teen Romance in the Digital Age", *Pew Research Center*, October 2015. https://www.pewresearch.org/fact-tank/2015/10/01/6-facts-about-teen-romance-in-the-digital-age/ (accessed April 2019).
- Pumpic, "New Teenage Relationship Statistics Show How it Happens Online", October 2016. https://pumpic.com/security/teenage-romantic-relationships/ (accessed April 2019).
- 173. ACT for Youth Center for Community Action, "Youth Statistics: Family Structure and Relationships", 2019. http://actforyouth.net/adolescence/demographics/family.cfm (accessed April 2019).
- 174. The Urban Child Institute, "How Adolescent Parenting Affects Children, Families, and Communities", February 2014. http://www.urbanchildinstitute.org/articles/editorials/how-adolescent-parenting-affects-children-families-and-communities (accessed April 2019).
- 175. Leslie Ford, "New Report: Majority of U.S. Teens Don't Live in Intact Families", *The Daily Signal*, February 2014. https://www.dailysignal.com/2014/02/13/new-report-majority-u-s-teens-dont-live-intact-families/ (accessed April 2019).
- 176. Harry Benson, "The Link Between Family Breakdown and Teen Mental Health Problems in the UK", *Institute of Family Studies*, November 2017. https://ifstudies.org/blog/the-link-between-family-breakdown-and-teen-mental-health-problems-in-the-uk (accessed April 2019).
- 177. Covenant House, "Teen Homelessness Statistics", 2018. https://www.covenanthouse.org/homeless-teen-issues/statistics (accessed April 2019).

- 178. Jason Foundation Inc., "Youth Suicide Statistics", *The Parent Resource Program*, 2019. http://prp.jasonfoundation.com/facts/youth-suicide-statistics/ (accessed May 2019).
- 179. SAVE, "Suicide Facts", *Suicide Awareness Voices of Education*, 2019. https://save.org/about-suicide/suicide-facts/ (accessed May 2019).
- 180. "The Truth About Troubled Teens", *Very Well Mind*, October 2018. https://www.verywellmind.com/what-is-happening-to-our-children-2606269 (accessed May 2019).

Filename: 31 References & Citations.docx

Directory: /Users/jairus/Library/Containers/com.microsoft.Word/Data/Documents

Template: /Users/jairus/Library/Group Containers/UBF8T346G9.Office/User

Content.localized/Templates.localized/Normal.dotm

Title: Subject:

Author: Jairus Hodges

Keywords: Comments:

Creation Date: 1/23/21 4:06:00 PM

Change Number: 2

Last Saved On: 1/23/21 4:06:00 PM

Last Saved By: Jairus Hodges
Total Editing Time: 0 Minutes

Last Printed On: 1/23/21 4:06:00 PM

As of Last Complete Printing Number of Pages: 14 Number of Words: 3,218

Number of Characters: 50,181 (approx.)